



THE GEM FAMILY

.....Let's come closer

WISHING ALL A VERY COLORFUL HOLI



UNA – A GEM UNIT

The first picture above shows one of our very own manufacturing unit at UNA, HP. Una has the full facilities for manufacturing of Hydro gates (Radial and Vertical), trash racks and stop log gates used in hydro electric and thermal power plant.

Ongoing projects are, the HM works of 33 X 3 Singroli Bhatwari Hydro Electric Project Uttranchal (L&T) And Teesta Stage-III Hydro Electric Project(6x200 Mw), Sikkim (Abir Infratech Pvt. Ltd.). For Teesta-III Project, all vertical gates with embedded parts had been completed and supplied at site during the last year. The manufacturing of barrage stop log gate & barrage radial gate for Singroli Bhatwari and Radial gates for Teesta-III Project likely to be started shortly.

The second picture shows the entire dedicated team of Una. Starting from left Ravinder kumar (Accounts),Piara Singh, Pradeep kumar (Manager), R.L.Mishra (DGM,UNIT Incharge), Santosh Kumar (Store),Pankaj Malkotia (QC Engineer),Vijay Bharadwaj (Production Engineer, Trainee)



The festival of Holi falls on the last full moon day of Falgun according to Hindu calendar. Mythology states that when Prahlad disobeyed the orders of Hrinyakashyapu and kept praying for Lord Vishnu, Hrinyakashyapu took the help of his sister, Holika, to kill him. Holika took Prahlad in her lap and sat in a bonfire as she had immunity against fire. However, to everyone's amazement, Holika was burnt alive while Prahlad was unaffected. Thus, Holika Dahan is celebrated a day before Holi.

In large parts of India, the festival is celebrated with a lot of colors, water balloons and water guns. huge bonfires are burnt on the eve of Holi as its symbolic representation.

Holi helps to bring the society together and strengthen the secular fabric of our country. The tradition of the Holi is that even the enemies turn friends and forget any feeling of hardship that may be present.



HAPPY BIRTHDAY

Onkar Singh	Vadodara	3 rd
Prem Anand	Tutocorin	3 rd
Arun Kumar	Tuticorin	3 rd
Sukhjeet Singh	Anapara	4 th
Mari Selvan	Tuticorin	6 th
Bhagiradhi Rambakshi	Mangalore	10 th
K.J. Jaisinghani	Ahmedabad	10 th
R.Murugan	Chennai	10 th
Bachu Singh	Sikka	10 th
Mandosh Shakthi	Mangalore	11 th
Guddu Prasad	Mangalore	14 th
Shivsagar Shah	Vadodara	15 th
P.Venkatesh	Tuticorin	16 th
S.Jagadeesh	Orissa	20 th
B.Somaraju	Hyderabad	21 st
P.M.Shah	Vadodara	22 nd
Rishinath Singh	Pipavav	25 th
R.Anand	Tuticorin	25 th
C.R. Mallick	Sikka	28 th
R.Karthick	Mettupalayam	28 th
Prashant Savaliva	Sikka	31 st

STORM YOUR BRAIN

A lady buys goods worth Rs. 200 from a shop. (shopkeeper selling the goods with zero profit.)

The lady gives him Rs 1000 note. The shopkeeper gets the change from the next shop and keeps Rs. 200 for himself and returns Rs. 800 to the lady.

Later the shopkeeper of the next shop comes with the Rs. 1000 note saying the note is duplicate and takes his money back. How much LOSS did the shopkeeper face.

Send in your answers to newsletter@gmw.in



LAUGH IT OFF

Teacher : There is a frog, ship is sinking, potatoes cost Rs 3/kg .Then, what is my age?

Student : 32 yrs.

Teacher : How do you know?

Student : Well, my sister is 16 yrs old and she is half mad.

The Difference Between
A Successful person and others...

not a lack of strength, not a lack of knowledge,

But Rather a Lack of WILL



HEALTH IS WEALTH



Grapes have been a favourite fruit of humans since times unknown. This exotic fruit is one of the most favored all over the world. Some grapes are grown as raisins and some are also used to make wines. Grapes have high nutritional value with good amounts of vitamins and minerals.

Having grapes on daily basis improves your cardiovascular health. It prevents the formation of blood clots which helps in lowering the risks of heart attacks and other conditions. Everyday consumption of grapes lowers the levels of bad cholesterol.

Grapes helps in preventing eye problems associated with old age including muscular degeneration as well as loss of sight. Resveratrol in grapes also prevents fungal and bacterial infections. Having grapes everyday in your diet is an effective aid for constipation. Grapes with seed in them have edible oil which makes the walls of your capillaries stronger. Grape juice as well as grapes destroys the bacteria that harm your health by preventing any infection from spreading in your system.

ANGER MANAGEMENT

Anger is one of the most dangerous emotion, but one of the easiest to understand. We normally experience pain or suffering at the time we are angry. Here are some of the tips to fight anger.

- Take deep breathes
- Drink chilled water
- Go for a walk alone
- Move to a calm place
- Count 1 to 50
- Find a place where you can yell, scream and shout so that all your anger comes out.
- Yoga and meditation can do wonders (but don't practice this when you are angry, this should be a daily habit)
- Track a record of your anger.
- Take the help of a counselor. It can be your friend, boss, colleague, parents, siblings, anyone whom you are comfortable with.

MEET OUR FAMILY MEMBER

A person with no introduction needed, popularly known as "Panditji" by GEM Family is none other than Someshwar Sevak. He has conducted poojas at various GMW offices and sites throughout India. He is one of the few people working with the 3rd Generation of Panesar family.

His association with us is since 1980 and says that since last 32 years he has seen a tremendous growth in the company and GMW is a well established name in the market.

He is an active member for his social and religious group which works for the betterment and well being of the society. His aspiration in his own words "Work for the company in such a way that it grows more and more". Slogan adapted by him for the life is " Work is worship and work is my life."

One can see a glimpse of the picture perfect family below. Extreme right is the Panditji, next to him is his elder daughter Ankita, next to her is his younger Son Kunal and last but not the least a perfect home maker his wife Sharda.



Murder of English

1. Pick up the paper and fall in the dustbin.
2. Both of you stand together separately.
3. Why are you looking at the monkeys outside when I am inside.
4. Will you hang the calendar or else I will hang myself.
5. I have 2 daughters both are girls.
6. Give me a blue pen of any color.
7. The principal is revolving in the corridor.
8. all of u stand in a straight circle
9. Open the Window - Let the AIRFORCE come in.



I n s t a n t H u m o u r . c o m